

Please contact our office to have any of your questions answered.



**HealthWorks**

Regina General Hospital  
1440 14th Avenue  
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# HealthWorks CPM Rental Program






**Your First Choice  
For CPM Rental In  
Southern Saskatchewan**

## What Is CPM?

Continuous Passive Motion (CPM) is used as a postoperative therapy to provide the knee joint with a prescribed, passive range of motion (ROM) -without patient effort- for an extended period of time.

Significant benefits of continuous passive motion include:

-  Helping to prevent joint stiffness while increasing ROM
-  Promote the joint capsule and soft tissue healing process
-  Reduce swelling, pain and scar tissue adhesion







The physiological benefits of CPM result in faster recovery times, improved function, decreased rehabilitation time and less complications.








**Ask your surgeon, doctor or healthcare provider for a referral**

## Why Choose HealthWorks?



-  Every CPM unit is set up for your individual needs
-  Professional therapists on staff
-  Easy to use OptiFlex machines
-  Home delivery and set up available (fee may apply)
-  Large number of CPM units for rent
-  Physiotherapy, Massage Therapy and Acupuncture available

## How To Rent a CPM

-  Obtain a referral from your surgeon, doctor or healthcare provider
-  Call HealthWorks at 306-525-0007 to arrange a CPM
-  Set up a time to have the machine fitted to your body
-  Rent by the week or month
-  Easily and quickly extend your rental period if needed



**HealthWorks**

Physiotherapy Massage Therapy Acupuncture

[www.HealthWorksRegina.com](http://www.HealthWorksRegina.com)